

East Sussex Cycling Association

2022 President Peter Moon – Eastbourne Rovers CC



ESCA 25m Time Trial – Sunday 11th September 2022 – G25/89 Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary Paul Winkley (VC Merlin) **Co-Event Secretary Steve Dennis** (East Grinstead CC)

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Timekeepers Su Balcombe (Brighton Excelsior CC) and Peter Moon (Eastbourne Rovers CC)

General Information

Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 6:45am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane.**

Prize List					
Fastest Overall					
First	£30.00				
Second	£20.00				
Fastest Lady					
First	£30.00				
Second	£20.00				
Fastest Team of 3					
First	£10.00 each				

You could park further afield and ride to pick up your number etc, remembering not to wind up any turbos within 50 metres of any residential property.

Additional Hazards

The new Owlsbury roundabout

From early 2021 there is the new Owlsbury roundabout between Copwood RBT and Little Horsted RBT, not yet shown on the enclosed map.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers**.

Start

The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

Riders Be Aware

Generally the road is in good repair however there are some sections where care must be taken with heads up to look out for pot holes and some cracks that could cause impact punctures if hit hard.

Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Visit our website www.eastsussexca.org.uk Find us on Facebook www.facebook.com/groups/EastSussexCA

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ESCA Prize Money pay out, and donations to charity

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. ESCA will be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot.

Course Details

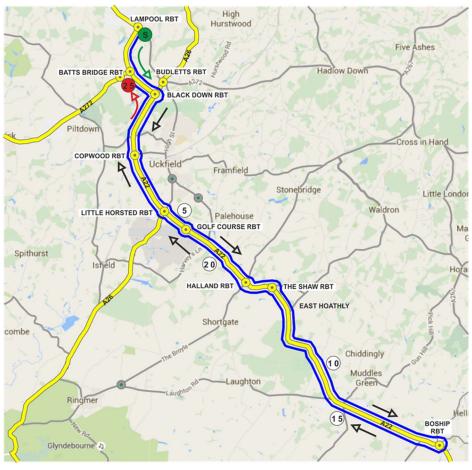
G25/89 - Maresfield - Halland - Lower Dicker - Halland - Maresfield - A22

Many thanks to Mike O'Gorman (Worthing Excelsior CC) who has mapped all the London South courses. These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT and new Owlsbury RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via new Owlsbury RBT and Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m

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N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not yet shown on the map.

Additional Safety Instructions

 Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

Please pay attention to the following CTT regulations/recommendations

- Helmets CTT regulation 15 requires the compulsory use of helmets for all competitors either a hard/soft shell helmet that meets internationally accepted safety standards.
- **Lights** CTT Regulation 14 now requires that 'No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to their machine a working white front and red rear light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users'
- Warming up Competitors are requested not to warm up on the course after the first rider has started.
- Competitors' Vehicles No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- Official Observers Official observers will be stationed around the course.

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Results No times will be given out at the finish.
There will also be no results board at the HQ, we propose to run virtual live results if possible.

Race Numbers The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.



No time may be recorded if number is not correctly positioned.

• **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Keep up to date with what's going on with time trialling in Sussex ...

East Sussex CA Website www.eastsussexca.org.uk/

Facebook Group www.facebook.com/groups/EastSussexCA/

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Order of Start

Race No.	Start Time	Name		Club	Gender	Category
1	7.31	James	Boot	Old Portlians CC	Male	Senior
2	7.32	Anita	Turner	Eastbourne Rovers CC	Female	Veteran
3	7.33	Domie	Pollard	East Grinstead CC	Female	Veteran
4	7.34	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
5	7.35	David	Hickman	Old Portlians CC	Male	Veteran
6	7.36	Julia	Barte	1904RT	Female	Senior
7	7.37	Gemma	Hayes	1904RT	Female	Senior
8	7.38	Barrie	Foster	Anerley BC	Male	Veteran
9	7.39	Peter	Horsfield	Redmon CC	Male	Veteran
10	7.40	Lee	Holdaway	Hastings & St. Leonards CC	Male	Veteran
11	7.41	Clive	Patterson-Lett	Worthing Excelsior CC	Male	Veteran
12	7.42	Clint	Allen	Lewes Wanderers CC	Male	Veteran
13	7.43	Gareth	Purves	Hastings & St. Leonards CC	Male	Veteran
14	7.44	Mark	Gidney	Southborough & Dist. Whs	Male	Veteran
15	7.45	Gavin	Richards	Lewes Wanderers CC	Male	Veteran
16	7.46	Kevin	Wolff	Old Portlians CC	Male	Veteran
17	7.47	Brian	Molloy	Brighton Excelsior CC	Male	Veteran
18	7.48	Richard	Payn	34 Nomads CC	Male	Veteran
19	7.49	Peter	Main	34 Nomads CC	Male	Veteran
20	7.50	Peter	Madarasz	Team TMC	Male	Veteran
21	7.51	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran
22	7.52	David	Pollard	VTTA (Surrey/ Sussex)	Male	Veteran
23	7.53	Paul	Thatcher	Brighton Mitre CC	Male	Veteran
24	7.54	Pip	Jenkins	1904RT	Female	Senior
25	7.55	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran
26	7.56	David	Clark	Eastbourne Rovers CC	Male	Veteran
27	7.57	Nathan	Russell	trainSharp	Male	Senior
29	7.59	Matthew	Woods	Eastbourne Rovers CC	Male	Veteran
31	8.01	Mark	Bashford	East Grinstead CC	Male	Senior
33	8.03	Chris	Jones	Bynea Cycling Club	Male	Veteran

^{*}Please note that due to the layout of the field top 4 seeded riders will start at 2 minute intervals